

Metropolitan Baking Co.



1520 – Deli Rye Bread with Whole Caraway Seeds 2 lb

Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, White Rye Flour, Wheat Gluten, Yeast, Caraway Seeds, Soybean Oil, Rye Sour (Rye Flour, Yellow Corn Flour, Naturally Fermented Lactic Acid, Sodium Silico Aluminate, Corn Starch, Acetic Acid, Citric Acid, Monocalcium Phosphate, Salt, Yeast), Salt, High Fructose Corn Syrup, Black Molasses, Sodium Stearoyl Lactylate, Ethoxylated Mono and Diglycerides and 2% or less of each of the Following: Antioxydants (Tocopherols), White Distilled Vinegar, Calcium Propionate, Furmaric Acid, Artificial Flavor, Potassium Iodate, Caraway Ground, Sorbic Acid, Preservatives (Propionic Acid, Phosphoric Acid), , Microcrystalline Cellulose, Enzymes, Wheat Flour, Tricalcium Phosphate, Ascorbic Acid, Polyethylene Glycol.

Contains: WHEAT, SOY.

Nutrition Facts	
18 servings per container	
Serving size	1 slice 1.7 oz (49g)
Amount per serving	
Calories	120
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 1mg	6%
Potassium 54mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	