

Metropolitan Baking Co.



4210 – Pan Rolls 24 count

Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, High Fructose Corn Syrup, Yeast, Vital Wheat Gluten, Soybean Oil, Salt, Ethoxylated Mono and Diglycerides and 2% or less of each of the Following: Antioxydants (Tocopherols, Citric Acid), Preservatives (Propionic Acid, Phosphoric Acid), Sodium Stearoyl Lactylate, Calcium Propionate, DATEM, Ascorbic Acid, Enzymes (Wheat Flour), Microcrystalline Cellulose, Corn Starch, Azodicarbonamide, Tricalcium Phosphate, Polyethylene Glycol.

Contains: WHEAT, SOY.

May contains: Sesame Seeds, Poppy Seeds, Cornmeal, Onions.

Nutrition Facts	
24 servings per container	
Serving size	1 Roll (34g)
Amount per serving	
Calories	90
	<small>% Daily Value*</small>
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 36mg	2%
Iron 0mg	0%
Potassium 26mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	