

Metropolitan Baking Co.



4260 – 3.5in Hamburger Bun

Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, High Fructose Corn Syrup, Yeast, Vital Wheat Gluten, Soybean Oil, Salt, Ethoxylated Mono and Diglycerides and 2% or less of each of the Following: Antioxydants (Tocopherols, Citric Acid), Preservatives (Propionic Acid, Phosphoric Acid), Sodium Stearoyl Lactylate, Calcium Propionate, Datem, Ascorbic Acid, Enzymes (Wheat Flour), Microcrystalline Cellulose, Corn Starch, Tricalcium Phosphate, Polyethylene Glycol.

Contains: WHEAT, SOY.

May contains: Sesame Seeds, Poppy Seeds, Cornmeal, Onions.

Nutrition Facts	
12 servings per container	
Serving size	1 bun 1.25 oz (35g)
Amount per serving	
Calories	80
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 25mg	2%
Iron 1mg	6%
Potassium 31mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	