



Metropolitan Baking Co.

WHOLE GRAIN DINNER ROLLS

Product Sell Sheet

Product Code: 4220

Pan-style Whole Grain Dinner Rolls deliver a fresh wheat bread flavor, light brown crust, and light brown internal color with a smooth top and a nice peak on the crown. Perfect for school whole grain requirements, these rolls offer dependable quality, convenient 24-count inner packs, and broad menu appeal.

Physical Description

Overall Diameter	Target 2.5" Min 2.35" Max 2.65"
Heel Slice Thickness	Target 5/8"
Roll Weight	Target 1.25 oz Min 1.15 oz Max 1.35 oz

Box / Pallet Specifications

Specification	Details
Box Dimensions (LWH)	23 1/2 L x 19 1/8 W x 10 H
Pallet Dimensions	40" x 48" width, 88" height
TI / HI	4/9 (36 cases/pallet)
Units Per Case	240 rolls
Packages Per Case	10 inner packages containing 24 rolls each
Case Net Weight	18.75 lbs
Case Gross Weight	21.00 lbs
Case Cube Size	2.60 ft ³

Ingredients:

Whole Wheat Flour, Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Granulated Sugar, Yeast, Contains 2% or Less of: Wheat Gluten, Soybean Oil, Salt, Ethoxylated Mono & Diglycerides, Soybean Oil, Glycerin, Distilled Monoglyceride, Sodium Stearoyl Lactylate, Calcium Propionate (Preservative), Ascorbic Acid, Enzymes, Sesame Flour, Corn Starch, Dicalcium Phosphate, Sodium Bicarbonate, Sodium Acid Pyrophosphate.

Contains: **WHEAT** and **SESAME**



Nutrition Facts

24 servings per container	
Serving size	1 Roll (35g)
Amount Per Serving	
Calories	90
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.9mg	4%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Interested in adding Whole Grain Dinner Rolls to your menu or shelves? Contact us for availability, pack sizes, and pricing.

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