



Metropolitan Baking Co.

WHOLE GRAIN HOT DOG BUNS

Product Sell Sheet

Product Code: 4562

Whole Grain Hot Dog Buns deliver a fresh whole grain wheat bread flavor, brown appearance, smooth top, and attractive crown peak. Designed for dependable foodservice performance, these buns offer a consistent 12-count inner package, frozen storage flexibility, and broad menu appeal for schools and institutional accounts meeting whole grain requirements, cafeterias, concessions, and high-volume operations.

Physical Description

Bun Length	Target 6.00" Min 5.75" Max 6.25"
Bun Height	Target 1.5" Min 1.3" Max 1.8"
Bun Weight	Target 1.5 oz Min 1.4 oz Max 1.65 oz

Box Specifications

Specification	Details
Box Dimensions (LWH)	23 1/2 L x 19 1/8 W x 10 H
TI / HI	8/4 (32 cases/pallet)
Case Cube Size	2.60 ft ³

Inner Package

Net weight	Target 18 oz Min 17 oz Max 19 oz
Package count	12 buns per inner package
Shelf life frozen	270 days
Shelf life thawed	10 days

Case Specifications

Units per case	144 buns
Packages per case	12 inner packages containing 6 buns each
Case net weight	13.5 lbs
Case gross weight	15.5 lbs



Nutrition Facts

12 servings per container	
Serving size	1 Bun (61g)
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 26g	9%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 65mg	4%
Iron 1.44mg	8%
Potassium 94mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Whole Wheat Flour, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Granulated Sugar, Yeast, Contains 2% or Less of: Wheat Gluten, Soybean Oil, Salt, Ethoxylated Mono & Diglycerides, Soybean Oil, Glycerin, Distilled Monoglyceride, Sodium Stearoyl Lactylate, Sesame Flour, Calcium Propionate (Preservative), DATEM, Ascorbic Acid, Enzymes, Corn Starch, Dicalcium Phosphate, Sodium Bicarbonate, Sodium Acid Pyrophosphate.

Contains: WHEAT and SESAME



Interested in adding Whole Grain Hot Dog Buns to your menu or shelves? Contact us for availability, pack sizes, and pricing.

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