

Metropolitan Baking Co.



1225 – Split Top Honey Wheat Bread 20oz

Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, Wheat Flour, High Fructose Corn Syrup, Honey, Soybean Oil, Molasses, Salt, Vital Wheat Gluten, Yeast, Wheat Bran, Ethoxylated Mono and Diglycerides and 2% or less of each of the following: Antioxidants (Tocopherols, Citric Acid), Calcium Propionate, Preservatives (Propionic Acid, Phosphoric Acid), Sodium Stearoyl Lactylate, Enzymes (Wheat Flour), Corn Starch, Ascorbic Acid,

Contains: WHEAT, SOY.

Nutrition Facts	
21 servings per container	
Serving size	1 slice 0.95 oz (27g)
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 23mg	2%
Iron 1mg	6%
Potassium 35mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	